

FOR IMMEDIATE RELEASE

Whole Foods Market at The Streets of SouthGlenn Channels Grab and Give Food through TLC Meals on Wheels

Centennial, Colorado, December 3, 2009

For the last few holiday seasons, Whole Foods Market has given shoppers an opportunity to feed the hungry in their communities by choosing \$5 or \$10 bags of non-perishable food to donate. This year, the Whole Foods Market at The Streets of SouthGlenn has selected TLC Meals on Wheels to distribute all natural, non-perishable items to needy individuals in Denver's South Metro neighborhoods.

"We're eager to provide food to help people get through weekends and snow days," said Phil Miller, Executive Director of TLC Meals on Wheels. "Since we normally deliver meals only Monday through Friday, and must close when a big snowstorm prevents our volunteer drivers from getting meals to residents, the Grab and Give program closes a gap. Whole Foods Market—SouthGlenn has given us a huge opportunity to increase the service we provide to the South Metro during the holiday season."

"One of our Core Values at Whole Foods Market is to give back. We are proud to partner with TLC Meals on Wheels in this effort to provide much-needed food to our local community," said Leandra Lipson, Marketing and Community Relations Specialist for Whole Foods Market—SouthGlenn.

TLC Meals on Wheels prepares and delivers over 66,000 hot lunches each year to seniors and persons with disabilities. Over 200 volunteers share the duty of delivering these meals five days a week.

"In addition to our regular meal visits," Miller said, "we've been able to involve many volunteers from the community in delivering the Grab and Give groceries to those in need." A group of mothers and daughters from The National Charity League sorted groceries for delivery. The lacrosse team from Columbine High School volunteered to carry groceries to homes on a Saturday morning. The Alexan Downtown Littleton apartments will donate a \$10 bag for each new December rental. "It's all about neighbors helping their neighbors," Miller said, "and the Grab and Give groceries provided by Whole Foods Market—SouthGlenn give us the resources to make a much bigger impact on the community."

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